

# 4 Tips to Prevent Distracted Driving

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INSURANCE

According to the National Highway Traffic Safety Administration, nearly 3,500 people are killed in crashes involving distracted driving every year. Follow these safety tips to cut down on distractions and stay safe on the road:

NEVER LOOK AT YOUR PHONE  
WHILE DRIVING. IF YOU  
NEED TO REACH SOMEONE,  
PULL OVER IN A SAFE AREA.

Take some time before you drive to look up directions, find music to listen to or perform other tasks.

Pull over if you feel tired or unwell.

REST AREA



Only adjust your entertainment system when you're at a complete stop.

